



FOCUS ON YOURSELF

Focus on yourself and leave me alone

Focus on yourself and understand the source of your problems.

Focus on yourself and where you came from.

Remember your foremothers were equal to your forefathers, when we were free.

We all lived in harmony.

Didn't you know?

Misogyny was an import.

Much like the flowers and the coffee.

Focus on yourself

And look beyond the lies (the lies)

And the thoughts they made you think were yours. (they're not yours)

Focus on yourself and question your thirst for blood,

Is it symbolic revenge,

For what they did to you? To us?

Focus on yourself and ask yourself those difficult questions.

Focus on yourself and yourself alone.

Focus on yourself and LEAVE WOMEN ALONE.

They brought coffee, flowers and misogyny

(Haha, it's kinda funny)

Can you see what you're doing is exactly what they did to us?

You're keeping the spirit of war crimes and genocide alive,

You're keeping it alive with the femicide

(me ata sikuwagi fan)

The teachers of misogyny are now freeing their women

But you wanna stay behind and pretend this shit is African

You're keeping the spirit of war crimes and genocide alive,

You're keeping it alive with the femicide

(me ata sikuwagi fan)

To address the misogyny and colonialism and their undeniable link within the Kenyan context. ✚ Kenya is growing, but its women are suffering at the hands of misogyny and complacency to misogyny. ✚ Worse still people are mistakenly claiming this disease as their cultural heritage when in fact indigenous cultures before colonialism had nothing to do with this. ✚ ★

links to follow

<https://pastoralismjournal.springeropen.com/articles/10.1186/s13570-017-0076-2>

<https://www.blackhistorymonth.org.uk/article/section/african-history/the-colonisation-of-kenya/>

https://medium.com/@MAKEDA_PR/africas-feminist-roots-chronicling-feminist-herstories-since-precolonial-period-8320c143595d

<https://digitalcommons.calpoly.edu/cgi/viewcontent.cgi?referer=&httpsredir=1&article=1040&context=histsp>

<https://media.neliti.com/media/publications/266223-a-feminist-perspective-in-ngugi-wa-thion-e3e35574.pdf>

<https://www.theafricareport.com/815/is-feminism-un-african/>

<https://qz.com/africa/1574284/africas-women-have-been-forgotten-from-its-independence-history/>

https://opus.bibliothek.uni-wuerzburg.de/files/12240/JAZ03_Segueda.pdf

The articles

Activism

<https://www.the-star.co.ke/news/2021-07-20-conservationist-stutchbury-shot-6-times-died-of-excessive-bleeding-autopsy/>

<https://nation.africa/kenya/news/conservationist-stutchbury-had-been-living-in-fear-of-her-life-3476336>

<https://www.the-star.co.ke/news/2021-03-16-murdered-nlc-official-was-witness-in-sh122m-fraud-case/>

Femicide and misogyny

<https://www.theelephant.info/culture/2021/03/27/the-murder-of-women-in-kenya-and-the-psychology-of-blame/>

<https://citizentv.co.ke/blogs/opinion-findings-from-un-women-knbs-backed-study-on-how-media-frames-gbv-femicide-are-worrisome-12484431/>

<https://www.the-star.co.ke/news/big-read/2019-05-06-femicides-fuelled-by-male-entitlement-upon-rejection/>

<https://allafrica.com/stories/202104260666.html> <https://biznakenya.com/femicide-in-kenya/>

Police brutality

<https://www.one.org/africa/blog/ndwiga-brothers-death-police-brutality-kenya/>

<https://www.france24.com/en/live-news/20210211-shock-as-historic-charges-against-kenyan-police-dropped>

https://instagram.com/policebrutalityke?utm_medium=copy_link